



## BREAKFAST

# DECEMBER 2023

## RIO DEL ORO ELEMENTARY SCHOOL

Questions or concerns  
Contact Nutrition Services  
(530) 743-4428 or  
[mdelciana@clusd.org](mailto:mdelciana@clusd.org)

Monday

Tuesday

Wednesday

Thursday

Friday



All meals are served with the  
choice of  
1% white milk or nonfat  
chocolate milk.

4

Mini Waffles  
Bagel / Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

5

Powdered Donuts  
Bagel / Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

6

Breakfast Sandwich  
Bagel / Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

7

French Toast  
Bagel / Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

8

Fresh Baked  
Cinnamon Rolls  
Bagel / Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

11

Mini Pancakes  
Bagel / Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

12

Turkey Sausage  
Breakfast Pizza  
Bagel / Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

13

Mini Cinnis  
Bagel / Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

14

Yogurt & Grahams  
Bagel / Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

15

Fresh Baked  
Cinnamon Rolls  
Bagel / Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

18

Oatmeal  
Bagel / Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

19

Pop Tarts  
Bagel / Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

20

Benefit Bar  
Bagel / Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

21

**NO  
SCHOOL**

22

**NO  
SCHOOL**

25

**NO  
SCHOOL**

26

**NO  
SCHOOL**

27

**NO  
SCHOOL**

28

**NO  
SCHOOL**

29

**NO  
SCHOOL**

Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.

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**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**All meals are served with the  
choice of  
1% white milk or nonfat  
chocolate milk.**

Chicken Sandwich or  
Sunbutter Sandwich  
Baked Beans  
Cauliflower – Salad - Carrots  
Variety of Fruit  
Cool Ranch Doritos

Nachos or  
Bean & Cheese Burrito  
Seasoned Jicama – Salad  
Salsa - Jalapenos  
Variety of Fruit  
Ice Cream

Chicken Drumstick or  
Lasagna Cheese Roll Up  
Texas Toast  
Fresh Veggies – Salad - Carrots  
Variety of Fruit  
Rice Krispie Treat

Orange Chicken Bowl or  
Edamame Bowl  
Fried Rice  
Broccoli – Salad - Carrots  
Variety of Fruit

Domino's Smart Slice Cheese  
Or Pepperoni Pizza  
Caesar Salad – Cucumber  
Sticks – Baby Carrots  
Variety of Fruit  
Chocolate Chip Cookie

Chicken Strips or  
Mac & Cheese  
Green Beans  
Cauliflower – Salad - Carrots  
Variety of Fruit  
Cheez Its

Chicken Taquitos or  
Bean & Cheese Burrito  
Seasoned Jicama – Salad  
Carrots  
Variety of Fruit  
Fruit Roll Up

Corn Dog or  
Pull Apart w/ Marinara  
Chili Beans  
Fresh Veggies – Salad - Carrots  
Variety of Fruit  
Rice Krispie Treat

Chicken Nuggets or  
Grilled Cheese  
Tomato Soup  
Broccoli – Salad - Carrots  
Variety of Fruit  
Cool Ranch Doritos

Domino's Smart Slice Cheese  
Or Pepperoni Pizza  
Caesar Salad – Cucumber  
Sticks – Baby Carrots  
Variety of Fruit  
Chocolate Chip Cookie

Domino's Smart Slice Cheese  
Or Pepperoni Pizza  
Caesar Salad – Cucumber  
Sticks – Baby Carrots  
Variety of Fruit  
Chocolate Chip Cookie

Taco Pocket or  
Four Cheese Enchilada  
Seasoned Jicama – Salad –  
Salsa  
Variety of Fruit  
Rice Krispie Treat

Turkey & Gravy or  
Vegetarian Meatballs  
Mashed Potatoes – Roll  
Steamed Corn  
Broccoli Salad – Green Salad  
Variety of Fruit - Cookie

French Toast & Sausage or  
French Toast & Yogurt  
Hash Browns  
Fresh Veggies – Salad - Carrots  
Variety of Fruit

**NO  
SCHOOL**

**NO  
SCHOOL**

**NO  
SCHOOL**

**NO  
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**NO  
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**NO  
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